

**DOW MEDICAL COLLEGE**  
**FIRST PROFESSIONAL YEAR MBBS- BATCH 2031**  
**FOUNDATION-I MODULE (2026)**  
**TIME TABLE: WEEK 4**

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
MON 9/2	BEHAVIORAL SCIENCES Delivery of culturally relevant & culture sensitive practice <b>DR IRSAA HAIDER</b> <b>NLH-1</b>	EMBRYOLOGY Mitosis and Cell Cycle <b>DR FARAZ SALEEM</b> <b>NLH-1</b>	T E A	1. A = <b>HISTOLOGY (Practical)</b> Epithelium <b>DR SOOFIA TTABBASSUM HISTO LAB</b> 2. B = <b>PATHOLOGY (Practical)</b> Mechanism of Cell Injury <b>DR MAIRAJUL ARFIN HALL# 101</b> 3. C = <b>BIOCHEMISTRY (Practical)</b> Preparation of Solutions, Normal Solutions and Normal Saline <b>DR TEHMINA BIOCHEM LAB</b> 4. D = <b>SELF STUDY</b> 5. E = <b>SELF STUDY</b> 6. F = <b>SELF STUDY</b>	L U N C H  B R E A K  A N D  N A M A Z E Z O	COMMUNITY MEDICINE Health System of Pakistan <b>DR ASHRAF JAHANGIR</b> <b>NLH -1</b>
TUES 10/2	BIOCHEMISTRY Carbohydrates (Structure Classification & Function) <b>DR ARISHA SALMAN</b> <b>NLH -1</b>	EMBRYOLOGY Meiosis, Comparison With Mitosis <b>DR. AISHA ABDULHAQ</b> <b>NLH-1</b>	B R E A K	1. B = <b>DR HINA ZEHRA</b> 2. C = <b>DR MAIRAJUL ARFIN</b> 3. D = <b>DR TEHMINA</b> 4. E = <b>SELF STUDY</b> 5. F = <b>SELF STUDY</b> 6. A = <b>SELF STUDY</b>	A N D  N A M A Z E Z O	SELF STUDY
WED 11/2	PHYSIOLOGY Cell signaling mechanisms: 1st & 2nd messengers <b>DR ERUM AFAQ</b> <b>NLH-1</b>	EMBRYOLOGY Genetics Disorders in the perspective of meiosis <b>DR MAHRUKH KAMRAN</b> <b>NLH -1</b>	K	1. C = <b>DR SAAD KHALID</b> 2. D = <b>DR MAIRAJUL ARFIN</b> 3. E = <b>DR TEHMINA</b> 4. F = <b>SELF STUDY</b> 5. A = <b>SELF STUDY</b> 6. B = <b>SELF STUDY</b>	A N D  N A M A Z E Z O	BIOCHEMISTRY Carbohydrates: Monosaccharide's and derivatives, isomerism <b>DR AHSAN</b> <b>NLH -1</b>
THURS 12/2	HISTOLOGY: Connective Tissue 1: Components <b>DR AMIR AHMED</b> <b>NLH -1</b>	PHARMACOLOGY Routes Of Administration Of Drugs <b>PROF SAUD HASAN</b> <b>NLH - 1</b>	K	1. D = <b>DR SHANZA KHALIQUE</b> 2. E = <b>DR MAIRAJUL ARFIN</b> 3. F = <b>DR AREEBA</b> 4. A = <b>SELF STUDY</b> 5. B = <b>SELF STUDY</b> 6. C = <b>SELF STUDY</b>	A N D  N A M A Z E Z O	SELF STUDY
Fri 13/2	GROSS ANATOMY (DEMO) Gross Structure of Adult and Parts of Young Long Bone +Blood Supply of long bone  A+B+C = <b>DR SABAAT</b> <b>NLH -1</b> D = <b>DR SAAD KHALID</b> <b>HALL # 101</b> E = <b>DR HINA ZEHRA</b> <b>HALL # 102</b> F = <b>DR SHANZA</b> <b>HALL # 104</b>	SELF STUDY  10:00 -10:30AM	10:30 AM – 12:00 PM	1. E = <b>DR IQRA BHATTI</b> 2. F = <b>DR MAIRAJUL ARFIN</b> 3. A = <b>DR AREEBA</b> 4. B = <b>SELF STUDY</b> 5. C = <b>SELF STUDY</b> 6. D = <b>SELF STUDY</b>	A N D  N A M A Z E Z O	
Sat 14/2	PATHOLOGY Types of Adaptations of Cellular Growth and Differentiation  <b>DR AISHA HUMERAH</b> <b>NLH -1</b>	HISTOLOGY Connective Tissue 2: Classification Description Of Each Type  <b>DR. AMNA MUGHAL</b> <b>NLH -1</b>	A N D  N A M A Z E Z O	1. F = <b>DR IQRA BHATTI</b> 2. A = <b>DR MAIRAJUL ARFIN</b> 3. B = <b>DR AREEBA</b> 4. C = <b>SELF STUDY</b> 5. D = <b>SELF STUDY</b> 6. E = <b>SELF STUDY</b>	A N D  N A M A Z E Z O	SELF STUDY