

DOW MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS- BATCH 2031
FOUNDATION-I MODULE (2026)
TIME TABLE: WEEK 4

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
MON 9/2	BEHAVIORAL SCIENCES Delivery of culturally relevant & culture sensitive practice DR IRSA HAIDER NLH-1	EMBRYOLOGY Mitosis and Cell Cycle DR FARAZ SALEEM NLH-1	T E A	1. A = HISTOLOGY (Practical) Epithelium DR SOOFIA TABBASSUM HISTO LAB 2. B = PATHOLOGY (Practical) Mechanism of Cell Injury DR MAIRAJUL ARFIN HALL# 101 3. C = BIOCHEMISTRY (Practical) Preparation of Solutions, Normal Solutions and Normal Saline DR TEHMINA BIOCHEM LAB 4. D = SELF STUDY 5. E = SELF STUDY 6. F = SELF STUDY	L U N C H B R E A K A N D N A M A Z E Z O	COMMUNITY MEDICINE Health System of Pakistan DR ASHRAF JAHANGIR NLH -1
TUES 10/2	BIOCHEMISTRY Carbohydrates (Structure Classification & Function) DR ARISHA SALMAN NLH -1	EMBRYOLOGY Meiosis, Comparison With Mitosis DR. AISHA ABDULHAQ NLH-1		1. B = DR HINA ZEHRA 2. C= DR MAIRAJUL ARFIN 3. D = DR TEHMINA 4. E = SELF STUDY 5. F = SELF STUDY 6. A = SELF STUDY		SELF STUDY
WED 11/2	PHYSIOLOGY Cell signaling mechanisms: 1st & 2nd messengers DR ERUM AFAQ NLH-1	EMBRYOLOGY Genetics Disorders in the perspective of meiosis DR MAHRUKH KAMRAN NLH -1		1. C = DR SAAD KHALID 2. D = DR MAIRAJUL ARFIN 3. E = DR TEHMINA 4. F = SELF STUDY 5. A = SELF STUDY 6. B = SELF STUDY		BIOCHEMISTRY Carbohydrates: Monosaccharide's and derivatives, isomerism DR AHSAN NLH -1
THURS 12/2	HISTOLOGY: Connective Tissue 1: Components DR AMIR AHMED NLH -1	PHARMACOLOGY Routes Of Administration Of Drugs PROF SAUD HASAN NLH - 1		1. D = DR SHANZA KHALIQUE 2. E = DR MAIRAJUL ARFIN 3. F = DR AREEBA 4. A = SELF STUDY 5. B = SELF STUDY 6. C = SELF STUDY		SELF STUDY
Fri 13/2	GROSS ANATOMY (DEMO) Gross Structure of Adult and Parts of Young Long Bone +Blood Supply of long bone A+B+C = DR SABAHAT NLH -1 D = DR SAAD KHALID HALL # 101 E = DR HINA ZEHRA HALL # 102 F = DR SHANZA HALL # 104		SELF STUDY 10:00 -10:30AM	10:30 AM – 12:00 PM 1. E = DR IQRA BHATTI 2. F = DR MAIRAJUL ARFIN 3. A = DR AREEBA 4. B = SELF STUDY 5. C = SELF STUDY 6. D = SELF STUDY		
Sat 14/2	PATHOLOGY Types of Adaptations of Cellular Growth and Differentiation DR AISHA HUMERAH NLH -1	HISTOLOGY Connective Tissue 2: Classification Description Of Each Type DR. AMNA MUGHAL NLH -1		1. F = DR IQRA BHATTI 2. A = DR MAIRAJUL ARFIN 3. B = DR AREEBA 4. C = SELF STUDY 5. D = SELF STUDY 6. E = SELF STUDY		SELF STUDY